

Cliffside Park Housing Authority News Letter

From the Executive Director's Desk

Fall 2012

Dear Friends,

This summer has brought us hot sunny days and plenty of rain. The weather has been almost tropical, with bright sunny days that turn to serious thunderstorms, and then back to sunny days, all in the course of less than an hour. Soon, we will put this hot, rainy weather behind us and begin to experience the cooler weather of fall. I hope everyone has enjoyed this summer whether you traveled abroad, visited sites in our own country, or just enjoyed pleasure and relaxation at home. As these lazy days of summer pass us by, we have the opportunity to anticipate and enjoy the beauty of leaves turning different colors, the excitement and fun children have on Halloween, and gatherings with family and friends for Thanksgiving.

Many changes are taking place throughout our properties. Repointing should be completed on both buildings, many capital improvements and enhancements were done, and best of all we are beginning to see our new Senior Activity Center and Administrative Offices taking shape. Before long everyone will be able to enjoy all the amenities provided by this new building including a few extra parking spaces, which will be greatly appreciated. You can be assured that, although we have received cuts to our funding, we will continue to keep our buildings and programs up to Housing Authority Quality Standards. As always, together with the Mayor and Council, we will continue to apply for new Grants and seek opportunities which will allow us to continue the comfort and beautification of our facility. We are grateful to our Mayor and Council for their continued assistance in all our endeavors. I hope you continue to participate at our Senior Activity Center and enjoy the many programs and trips the Center provides. We hope you enjoy the cooler weather autumn will bring and wish you a Halloween filled with fun and a Happy Thanksgiving.

Sincerely,
Joseph Capano, PHM

What's Happening At The CPHA

- ◆ The CPHA Senior Expansion Project has begun and one can begin to see the building taking shape. The new Activity Center and Administrative Offices are targeted for completion in the spring of 2013.
- ◆ The laundry room at 550 Gorge is being refinished. The new porcelain tile floors are sure to be an enhancement that the 550 tenants will enjoy.
- ◆ Rehab of the North wall at the 500 building will begin this fall. Work is being done to put an end to water seepage into the building.
- ◆ The 500 building will have a hot water boiler upgrade. This project will improve water temperatures in the building.
- ◆ The 550 building masonry repairs are being completed.
- ◆ Landscaping upgrades will continue throughout the CPHA premises.
- ◆ Thank you to all tenants for your patience with the construction, renovations, and upgrades at the Cliffside Park Housing Authority.

CP Senior Bus Transport



Important Dates To Remember!

September 5, 2012 – Tenant's Association Meeting

September 20, 2012 – End of Summer International Block Party

October 4, 2012 – Tenant's Association Special Meeting

November 6, 2012 – Election Day

December 5, 2012 – Tenant's Association Meeting

December 13, 2012 – Annual Holiday Party

Special Thanks

-Thank you to all of the vendors who donated money for our International Block Party at the Cliffside Park Housing Authority.

Employee News

✦ The CPHA gives a Special thanks to all of our summer help.



September 7th – Point Pleasant Trip

September 14th – Wal-Mart & Dynasty

September 21st – Jersey Shore Outlets

September 28th – Point Pleasant Trip

October 5th – Arthur Avenue Shopping



October 9th – Bergen Towne Center

October 12th – High Tea at Slattery's Piermont, NY



October 19th – Woodbury Commons Shopping



October 26th –Boscobel Estate & Cold Springs

Contact the bus office at 201-945-8630 to make a reservation, get more information, or learn about upcoming trips.



Board of Commissioners

- Peter Colao – Chairman
- Simone Carafa – Vice Chairman
- Harry Guttilla - Commissioner
- Janet Merrill - Commissioner
- Salvatore Spoto - Commissioner
- Ralph Calabrese – Commissioner
- Lynn DeLucia - Commissioner

- Joseph Capano – Executive Director
- Jim Santasiero – Assistant Executive Director

Senior Activity Center News

Upcoming Events!

Dear Friends,

As the summer months come to an end, the warm weather events are behind us leaving us with more time on our hands. After some great events this spring & summer, including a cruise to Bermuda, our Annual Wellness Fair, and a very hot NY Yankee game, Phyllis and I are busy planning some fun, interesting trips and events to keep you busy during the fall months. We have also added some new programs to our weekly schedule such as Senior Zumba on Tuesdays at 1pm, followed by Computer Class at 2pm. For those of you who aren't afraid to shake it up a little, Senior Zumba is an exciting way to get the heart pumping and maybe shed a few pounds while having fun with friends. You may learn the basics of internet search and set up your own email in the computer class. Current Events on Thursdays at noon is another new program at the Activity Center. Join a small group of seniors and voice your opinions on what's going on in news, discuss the upcoming elections, or just gossip about celebrities. Also, don't forget, you can enjoy an afternoon right in your own backyard with our luncheon shows. Check our monthly newsletter for all upcoming activities.

Please call or stop by the Activity Center anytime to inquire about any of our regularly scheduled or upcoming events 201-943-3768.

Sincerely,

Linda Phillips-Perez
Senior Coordinator

September 12th - BC Senior Picnic @ Overpeck Park



September 13th - Center Tea Party 1pm



September 13th - Stress management-Dr. Dorlaro 10:45am

September 19th - Dinner & Movie-Extremely Loud & Incredibly Close @ 4pm



September 20th - Benefits of Walking w/ Kessler



September 24th - Atlantic City Showboat Casino



October 4th - "To Be Perfectly Frank" Luncheon Show 11am

October 8th - Salvatore Chiarelli Luncheon Show 12:30pm

October 15th - Blood Pressure Screening w/ Cliffside Park Health Dept 9-11am

October 25th - Seccil Singers Concert 10:30am



October 30th - Sight & Sound Theatre ~Jonah & Amish Tour Overnight Trip 8am



Please visit our Senior Activity Center, located at 550 Gorge Road Cliffside Park, NJ for more information on all of our available trips, to make reservations for all of our trips and for our monthly pamphlets.

201-943-3768

Volunteer Spotlight



George Savianeso

A warm, friendly face that typically greets those who enter the Cliffside Park Housing Authority is owned by the one and only George, also known as “Georgie”, Savianeso. As you walk through the sliding automatic doors, you will sometimes see him standing outside the office of our Maintenance Supervisor, Arnold Mazzone.

George has been a tenant at 500 Gorge Road for 13 years. He has also been volunteering as an assistant to the Maintenance Supervisor for about 6 years. George is 77 years old and has been a resident of Cliffside Park for 77 years as well. George served two years in the army. He was a cook for the soldiers in the state of Georgia as well as many other places around the United States.

George was the youngest in his family which was comprised of eight boys and one girl. He has three children, three grandchildren and twin great grandchildren. In his leisure time, George enjoys watching television, particularly western films. He is also a fan of the New York Yankees and the New York Giants, both of which he watches faithfully.

In an interview, George said the CPHA’s mission statement motivates him to work here because he loves to help people. “What I love most about living at the CPHA is the sense of security of a roof over my head and the independence of not becoming a burden to family members if I were to live with them,” George said. His position here at the CPHA helps him to enjoy helping the Senior Citizens whenever and however he can.

George is a wonderful asset to the entire staff here at the CPHA, especially the maintenance staff who do a fabulous job keeping the building clean and safe. We appreciate all George has done to assist those in the office, the maintenance crew, and the tenants that reside here at the 500 building. We wish George good health and happiness in the years to come.

SECTION EIGHT

FOR YOUR INFORMATION

Bed Bugs – an Epidemic

How to protect your home from Bed Bugs:

- ◆ Tenants must keep their apartments free of clutter at all times.
- ◆ Inspect all places in your home that are warm, close to human contact and have plenty of hiding spaces. This includes mattresses, carpeting, pillows and sofa beds, as well as behind chairs and dressers.
- ◆ Use a protective bed bug cover on your mattress and box spring. This will prevent any bugs from getting in or out.
- ◆ Consider getting rid of any previously infested furniture if you can. If there is the chance any bugs remain, this will help prevent them from multiplying in your home again.
- ◆ Reducing clutter and vacuuming the mattresses may not completely prevent bed bugs, but it will reduce their hiding places.
- ◆ Check any furniture you buy secondhand and inspect all luggage and clothing that comes into your home. Most bedbug infestation is brought into the home from outside sources.



CPHA Directory of Contact Numbers

Cliffside Park Housing Authority – For all Housing Authority and Maintenance inquiries

500 Gorge Road

Cliffside Park, NJ 07010

Phone: 201-941-0655

Fax: 201-941-4038

Website: www.cphousingauthority.com

Cliffside Park Housing Authority Senior Activity Center – For all Senior Activity related Inquiries

550 Gorge Road

Cliffside Park, NJ 07010

Phone: 201-943-3768

Fax: 201-945-9263

Cliffside Park Senior Bus Transport – For all transportation related inquiries

550 Gorge Road

Cliffside Park, NJ 07010

Phone: 201-945-8630

www.cphousingauthority.com/SeniorTransportation.html

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