

Borough of Cliffside Park



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Housing Authority  
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**Joseph Capano**

*Executive Director*

**James Santasiero**

*Assistant Executive Director*

**Arnold Mazzone**

*Maintenance Supervisor*

## For Your Information

Cliffside Park Senior Transport  
201-945-8630

Community Transportation  
201-368-5955

Division of Senior Services  
201-336-7400

Division on Disability Services  
201-336-6500

Meals on Wheels  
201-336-7420

Bergen County Social Services  
201-368-4200 (food Stamps)

**CLIFFSIDE PARK SENIOR ACTIVITY CENETR**  
**550 GORGE RD.**  
**CLIFFSIDE PARK, NJ 07010**

*The CLIFFSIDE PARK senior activity center*  
Cliffside Park Housing Authority



## FEBRUARY 2010

### HEALTHY HEART MONTH

<b>Feb. 4 ~ 2010 U.S. Senses Talk &amp; Jobs</b>	<b>10:45am</b>
<b>Feb. 11~ How's your Sense of Taste? /DSS</b>	<b>10:45am</b>
<b>Feb. 12 &amp; 15~Center Closed President's Days</b>	
<b>Feb. 17~ Movie Night- "UP"</b>	<b>5:00pm</b>
<b>Feb. 18~ Mi Casa Adult Day Care</b>	<b>10:45am</b>
<b>Feb. 25~ Learn Sudoku w/ Premier</b>	<b>10:30am</b>

**Activities Included: Exercise, Bingo, Cards, Acrylic Painting, Line Dancing, Ballroom Dance, Chorus, Tai Chi, Mahjong, Wii Bowling, Movie Night, Afternoon Tea, Local & Mall Shopping, Trips & Parties**

### Senior Transport Trips

**Feb. 5 ~ Wal-Mart & Lunch at Applebees,**  
**Feb.11 (Thurs.) ~ Empire Club Luncheon w/ Peter Lieberman,**  
**Feb. 19 ~ Brownstone Diner & Jersey City Museum,**  
**Feb. 26~ Titanic Exhibition / NYC**

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**550 GORGE RD.**  
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Linda Phillips-Perez, Coordinator

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Open Monday thru Friday 8:00a.m. – 3:30 p.m.