

*The New Cliffside Park Senior Activity Center  
At the Gerald A. Calabrese Complex  
500 Gorge Road Cliffside Park, NJ 201-943-3768*

Jan.3 & 17 (Thurs.) ~PAAD & Senior Gold Application Assistance	11:00am
Jan. 3~ Blue Cross/ Blue Shield w/	10:45am
<b>Jan. 4~ Burlington (Paramus) Shopping &amp; Shake Shack for Lunch</b>	<b>10:00am</b>
<b>Jan. 7-30~Mon. &amp; Wed. Quit Smoking Workshop (Please Register)</b>	<b>12-1pm</b>
<b>Jan. 9~ (Wed.) Sands Casino \$33</b>	<b>8:30am</b>
Jan. 10~ Blood Work Choices W/ Infinity Labs	10:45pm
<b>Jan. 11~ Culinary Arts Institute Tour &amp; Lunch @ Bocuse \$49 by 1/4/19</b>	<b>8:30am</b>
<b>Jan. 14~ Blood Pressure &amp; Health Consults w/ Lori</b>	<b>9-11am</b>
<b>Jan. 16 ~Movie Day~ Gotti</b>	<b>12:30pm</b>
Jan. 17~ Horizon Health	10:30pm
<b>Jan. 18~ YOUR CHOICE....</b>	<b>9:45am</b>
<b>Bogota Miniature Golf \$8.00 pay at door + your Lunch @ Café</b>	
<b>Bowler City \$4.50 per game \$4.00 shoe rental pay at door + Lunch @ Café</b>	
Jan. 24~ Food Stamps	9:30am-12:00pm
Jan. 25~Sedona Taphouse Grill Lunch \$15 (includes tax & gratuity)	11:30am
Jan. 29~ Birthday Party w/ Alan	10:00am

**Bingo every Monday Morning 10am & Thursday Afternoon 1pm  
Evening Bingo every Friday 7pm  
Cliffside Park Senior Center is open on Saturdays from 9am-1pm with Games, Coffee & Danish**

*Upcoming Events*

*Empire Club Luncheon \$35 Date TBA  
Saturday Night Elk's Club Valentine Dinner Dance February 9<sup>th</sup> 6pm  
February 20<sup>th</sup>- AARP Driver Safety Class (sign-up) 9am-3pm  
April 7-14, 2019 Florida & Bahamas Cruise on Norwegian Escape*

Cliffside Senior Transport offers Cliffside Park residents transportation to and from your medical appointments. Please call the Senior Activity Center for more information. Regularly Scheduled Activities Included: Exercise, Tai Chi, Yoga, Line Dancing, Chorus, Walking Club, Zumba, Bingo, Cards, Art, Bridge, Mahjong, Wii Bowling, Puzzles, Intergenerational Programs, Afternoon Teas, Singing w/Alan, Local & Mall Shopping, Trips, Concerts & Parties