

*The New Cliffside Park Senior Activity Center
At the Gerald A. Calabrese Complex
500 Gorge Road Cliffside Park, NJ 201-943-3768*

Apr. 1~ Gift Card Bingo w/ Cathy of Life Source	10:30am
Apr. 3~ Chair Exercise w/ Dr. Arber	9:15am
Apr. 4 & 18 (Thurs.) ~PAAD & Senior Gold Application Assistance	11:00am
Apr. 4~Phone Options w/ Clear Captions	10:45am
Apr. 5~ Interactive Music & Dance w/ Alan	12-1:30am
Apr. 5~ Christmas Tree Store & Hiram's Hot Dogs	9:30am
Apr. 8~ Blood Pressure & Health Consults w/ Lori	9-11am
Apr. 8-29~ SNAP-ed Workshop (4 part series Mondays)	10-10:45am
Apr. 9~ Volunteer Luncheon @ Esposito's Park Cafe	1:00pm
Apr. 11~ Pain Management w/ WISE	10:45am
Apr.12~ Cherry Blossoms, St. Lucy's Tour & Dynasty Buffet	9:30am
Apr.16~ Spring Fling Luncheon w/ Joey Vincent Show & Dancing w/ DJ Nick \$10 by 4/10	11:00am
Apr.18~ Medicare Patrol	10:45am
Apr.18~ Uncle Giuseppe's Shopping	12:00pm
Apr. 24 ~Movie Day~ Green Book	12:30pm
Apr. 25~ Food Stamps	9:30am-12:00pm
Apr. 29~ Gift Card Bingo w/ County Manor	10:30am
Apr. 29~ Botanical Gardens/ Orchid Show \$21 by 4/5/19	9:30am
Apr. 29~ Gift Card Bingo w/ Maryann of County Manor	10:30am
Apr. 30~ Birthday Party w/ Alan	10:00am

**Bingo every Monday Morning 10am & Thursday Afternoon 1pm Evening Bingo every Friday 7pm
Cliffside Park Senior Center is open on Saturdays from 9am-1pm with Games, Coffee & Danish
Medical Transportation Mondays & Wednesdays Must Reserve 201-943-3768**

Upcoming Events

April 8, 2019 Bocce League Begins (Every Monday)

April 16th Spring Fling w/ Entertainer Joey Vincent & DJ Nick \$10 Reserve your seat

May 23rd NY Mets Game \$30 BEST SEATS Sign-up Limited Seats!

June 27 & 28 Two Exciting Fun Filled Days @ Foxwoods & Mohegan Sun

Cliffside Senior Transport offers Cliffside Park residents transportation to and from your medical appointments.

Please call the Senior Activity Center for more information. Regularly Scheduled Activities Included: Exercise, Tai Chi, Yoga, Line Dancing, Chorus, Walking Club, Zumba, Bingo, Cards, Art, Bridge, Mahjong, Wii Bowling, Puzzles, Intergenerational Programs, Afternoon Teas, Singing w/Alan, Local & Mall Shopping, Trips, Concerts & Parties